



## Visiting MBNL? Here's what you need to know.

If you're planning a visit to MBNL there are a few things you need to know before and during your visit.

Where are we?

Unit 7 Anglo Office Park  
67 White Lion Road  
Amersham, Buckinghamshire  
HP7 9FB

How to get here.

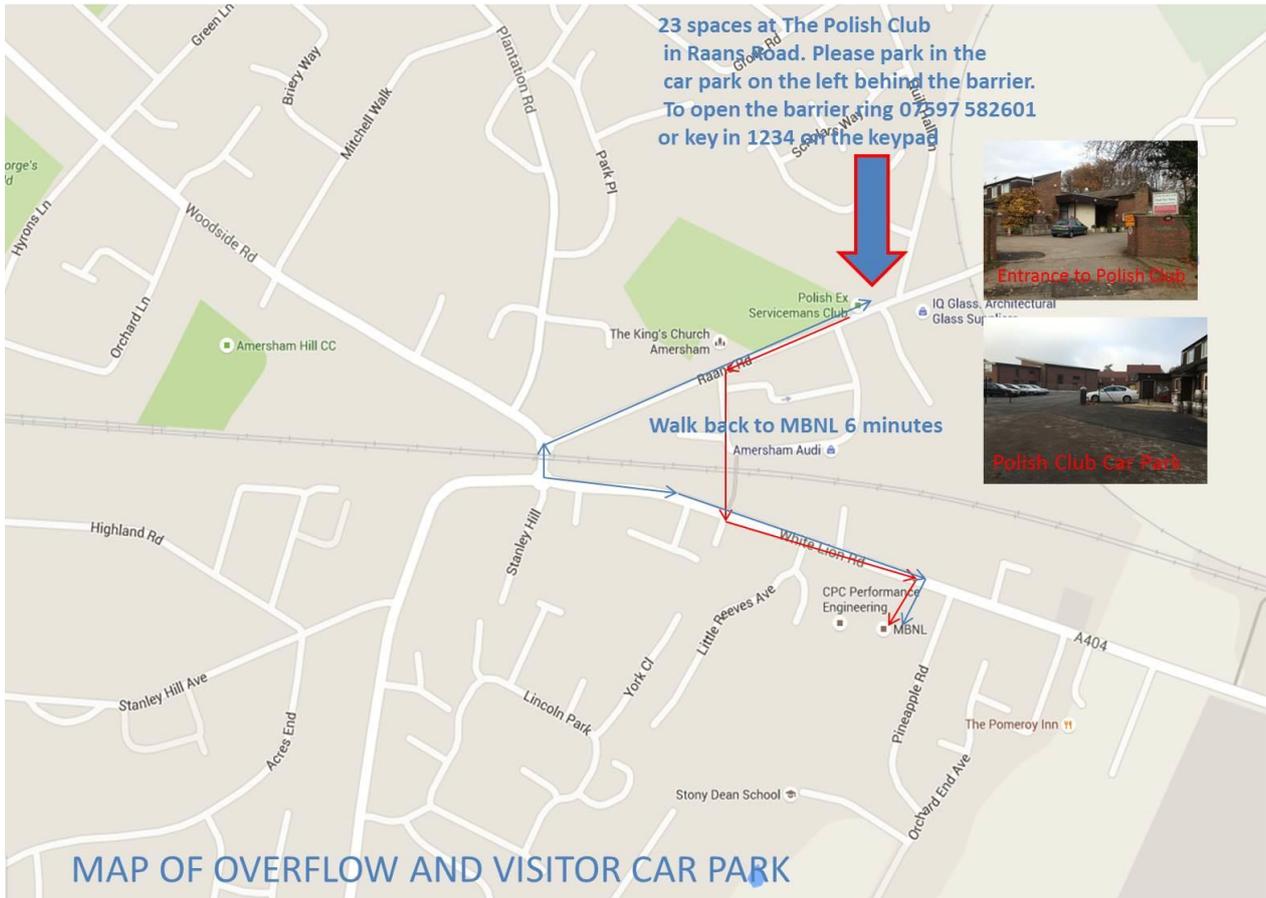
**In your car.** Anglo Office Park is on the southern side of White Lion Road, the A404, on the eastern outskirts of Amersham. The office is a 10 minute drive from Junction 18 of the M25 at Chorleywood, within 10 minutes' drive of Junction 2 of the M40 at Beaconsfield. Please see visitor parking information.

**On the train.** The local train station is Amersham which is served from London Marylebone (35 min journey time) twice an hour and also on the Metropolitan Tube line. It is approx 20 min walk from the station to MBNL.

Chalfont & Latimer London Underground station is a similar distance to the office and is also served from London Marylebone and the Metropolitan Tube line.

Where can you park?

**We have limited parking available to us and there is no visitor parking on site at MBNL.** However, we have secured visitor parking just a short walk away at the Polish Club on Raans Rd, Amersham, Buckinghamshire HP6 6LX, 23 marked spaces through the barrier on the left. You'll need to enter 1234 on the keypad or call 07597582601 and the barrier will open. This is around a 5 minute walk.



If you have a blue disability badge or mobility difficulties and require parking, please contact us and we will reserve a space for you.

### Where can you work?

We have provided a hotdesk area for our visiting partners in the Hub and there is free Wi-Fi. You can use this space to keep in contact with your office when you visit us. Please be aware that this space is used by all our partners and confidentiality should be considered at all times.

### What to do when you're thirsty.

There are kitchens at MBNL. Tea, coffee and milk are free to visitors so please help yourself. We simply ask that you help keep our kitchen tidy by putting your dirty cup in the dishwasher. Water dispensers are also available.



## What to do when you're hungry.

If you plan to bring your lunch, there is a fridge in the kitchens along with plates and cutlery. Please do not leave any food in the fridge after your visit. Just down the road there is an M&S food at the BP garage, as well as a Chinese take-away and newsagents. There is a large Tesco store approx. 5 min car journey. For those with more time, there is food and drink at The Pomeroy Inn just a short walk away. If you use the kitchen facilities please ensure you leave it tidy and put dirty plates and cutlery in the dishwasher.

A sandwich van also visits the business park most days and will toot their horn on arrival.

## If you need a bed for the night.

### **The Crown Hotel, Amersham**

What their website says "The Crown is part of a family of modern coaching inns, all in historic timber framed buildings providing eating, drinking, gatherings and lodgings. Only 45 minutes from London and at the end of the Metropolitan Line near Beaconsfield in Amersham, with 38 bedrooms, a welcoming bar and restaurant and two private rooms seating up to 40 people for weddings, parties and meetings." Rooms from around £95

<http://www.thecrownamersham.com/>

### **The Kings Arms Hotel, Amersham**

What their website says "The Kings Arms is a 34 bedroom Inn dating from the 1400s and has been refurbished to offer all modern amenities whilst maintaining the historical aspects of the building." Rooms from around £90

<http://www.kings-arms-hotel.com/>

### **The Ivy House, Chalfont St. Giles**

What their website says "A beautiful flint and brick old English inn, The Ivy House is right in the heart of the Chiltern Vale and renowned for its excellent food, real ales and extensive wine list. With quaint accommodation, it's also one of the best places to stay in the Chiltern Hills" Rooms from around £100

<http://ivyhousechalfontstgiles.co.uk/>

## If you need to call a taxi.

Taxis are usually readily available at the stations.

A2Z 01494 722722

Crown Taxis 01494 580580

Taxi Line 01494 723388

We hope you enjoy your visit. If you need to know anything else about our facilities before you arrive, please contact our reception on 01494 762 923.